

Unsolicited Life Advice from a
Cat That Knows Better

VOL 1

Catvices™



ROXANA ROMERO
MY HIGHER ME

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Catvices

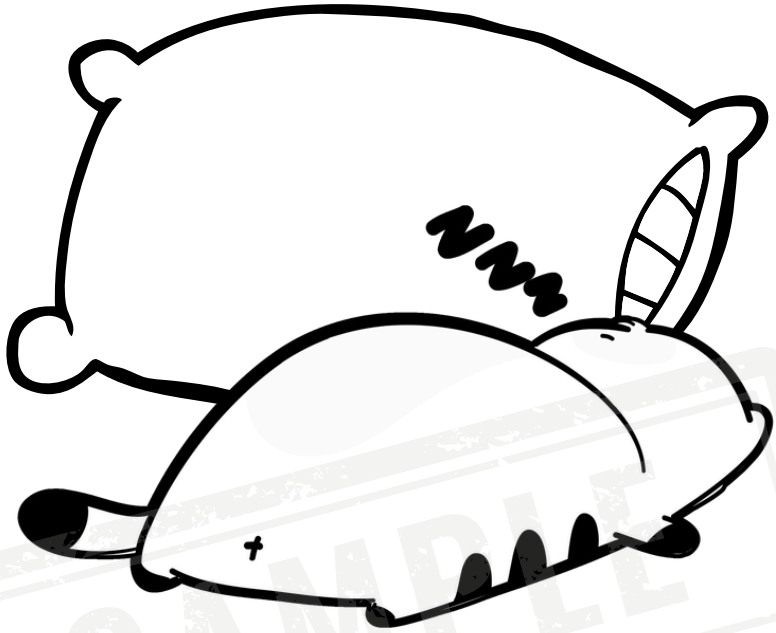
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Nap Like You Mean It

“I don’t just nap: I commit to it. One moment I’m judging your choices, the next I’m in another dimension. Try it. Total collapse. No regrets.”

Human Translator:

Give yourself full permission to rest. When you pause with intention, you come back clearer, sharper, stronger.



Knock Things Over

"I see something in my way. I swipe it, no matter where it lands. Chaos: achieved. Sometimes, the only way to make space is to let things fall off the shelf."

Human Translator:

Don't be afraid to clear out what no longer serves you. Sometimes you need to remove something to let something better in.

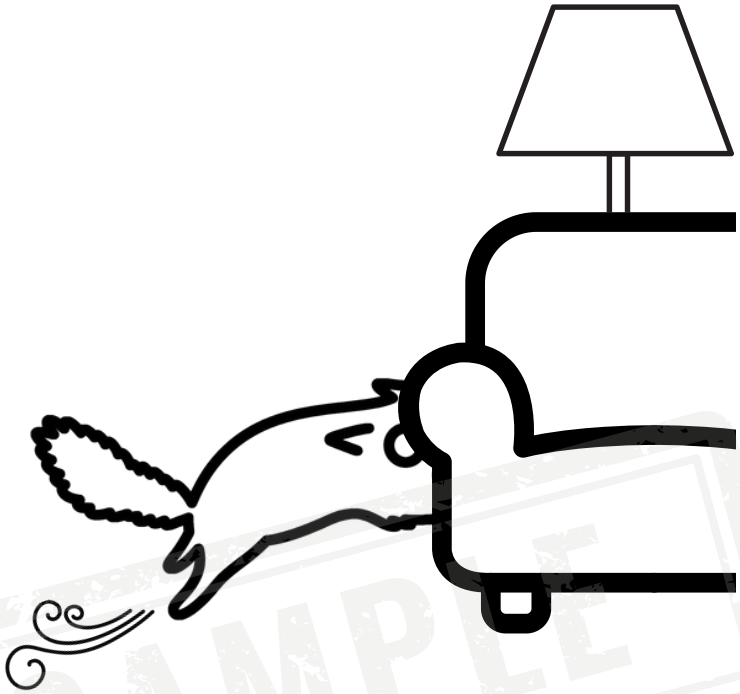


Walk Away Mid-Conversation.
It's a Power Move

“You were saying something? Oh. I’m gone now.”

Human Translator:

You don't have to stay in spaces that don't help you grow.
It's okay to protect your energy and leave when you need
to.



Disappear, Dramatically Sometimes

“One minute I’m here. The next? Gone. Hidden under the bed, behind the curtain, questioning the existence of dogs.”

Human Translator:

Taking space is healthy. Sometimes you need to retreat, unplug, and reappear when you’re ready.

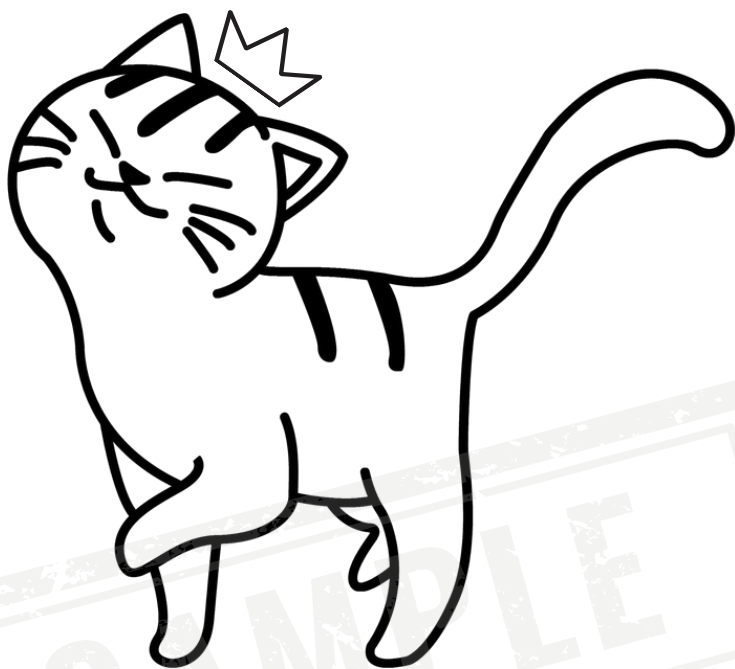


I Announce My Arrival

“Door creaks. Floorboards tremble. I meow like royalty returning from war. Whether I was gone for five hours or five minutes, you’ll know I’m back.”

Human Translator:

Own your presence. Show up like you matter, because you do. You don’t have to be quiet to be kind.



Act Like You Meant It

"Did I fall off the windowsill? Yes. Did I keep strutting like nothing happened, like royalty? Also yes."

Human Translator:

Mistakes do not define your worth. They just give you information to grow. Let go of the pressure. Learn, adjust and keep moving forward with style.



Feed Your Silly Human

"I know you're a useless human who cannot hunt. But don't worry, I've got this. Sometimes I bring you a bug or a sock. That's love, my way."

Human Translator:

Show kindness, even if it's unusual. Small acts of kindness can make someone's day. And in the end, it all comes back to you.



Sometimes, Do Absolutely Nothing

“I spent six hours today staring at a blank wall and I have no regrets. Zero. Zilch.”

Human Translator:

Rest is not a waste of time. Give yourself full permission to be still and reset. Doing absolutely nothing can lead to the clarity you need most.

VOL 1

Need a little purr-spective?

Let a fluffy expert offer you its best life advice (cat-style).

Inside, you'll find 50 bits of wisdom straight from the whiskered minds of our favorite feline philosophers. From napping like a pro to ignoring drama with elegance, each Catvices delivers a playful mix of insight and attitude.

This book is designed to spark smiles, light reflection, and maybe even a meow of agreement. Ideal for cat lovers, journaling fans, or anyone needing a fresh and funny take on self-care. Life's better with a cat's advice. We nap hard, love harder, and always land on our feet.

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